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# FIQH of SALAAH

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1

# Contents 1 of 2

- ④ **Virtues and importance of Salaah**
- ④ **Upon whom is Salaah compulsory?**
- ④ **Conditions of Salaah**
- ④ **Salaah Times**
- ④ **Practical Salaah**
- ④ **Fard acts in Salaah**
- ④ **Waajib acts in Salaah**
- ④ **Disliked acts in Salaah**

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2

# Contents 2 of 2

- ④ **Salaah in Congregation**
- ④ **The Latecomer**
- ④ **Prostration of forgetfulness**
- ④ **The five daily Salaah**
- ④ **Witr**
- ④ **Jumu'ah**
- ④ **Additional prayers**
- ④ **Salaah of a Traveller**

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3

# Virtues & Importance of Salaah

- ④ **Salaah Must be Performed Even in Illness**
  - ④ **Pray while standing and if you can't, pray while sitting and if you cannot do even that, then pray lying on your side.**  
(Bukhari)
- ④ **Salaah Must be Performed Even During Battle**

فَإِنْ خِفْتُمْ فَرِجَالًا أَوْ رُكْبَاتًا فَإِذَا أَمِنْتُمْ فَأَذْكُرُوا اللَّهَ كَمَا عَلَّمَكُمْ مَا لَمْ تَكُونُوا تَعْلَمُونَ

*If you are in danger, pray on foot or while riding. (al-Baqarah)*
- ④ **Salaah is a Guide**

*Verily Salaah deters from indecency and wickedness*  
(al-Ankaboot)

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4

# Virtues & Importance of Salaah

- ④ **First Item to be Accounted For Which Sets the Scene**
  - ④ **Indeed, the first deed by which a servant will be called to account on the Day of Resurrection is his Salaah. If it is complete, he is successful and saved, but if it is defective, he has failed and lost. So if something is deficient in his obligatory (prayers) then the Lord, Mighty and Sublime says: 'Look! Are there any voluntary (prayers) for my worshipper?' So with them, what was deficient in his obligatory (prayers) will be completed... (Tirmidhi)**

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5

# Virtues & Importance of Salaah

- ④ **Means of Forgiveness**
  - ④ **The similitude of the five prayers is like an overflowing river passing by the gate of one of you in which he washes five times daily Hasan said: No filthiness can remain on him. (Saheeh Muslim)**
- ④ **What makes Muslims Stand Out from others**
  - ④ **The covenant that stands between us and them is the Salah; whoever abandons it, he has committed (an act of) disbelief. (Sunan Nasa'i)**

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6

# Upon Whom is Salaah Compulsory

## ④ Muslim

- ④ A revert/new Muslim does not have to catch up on past Salaah they missed had they been Muslim

## ④ Major / Adult (Physically/Sexually Mature)

- ④ Although Salaah becomes compulsory when one reaches the age of maturity, children should be trained well in advance and be expected to perform all Salaah from the age of 7 in accordance with the Sunnah.

## ④ Sane

- ④ Salaah is not compulsory on one who is permanently mentally incapacitated/is in such a state for a period of 5 Salaah times.

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7

# Conditions of Salaah 1 of 2

## ④ Purity / Cleanliness

- ④ One should have Wudhu & Ghusl (Not in the state of minor or major impurity)
- ④ No physical impurity on the body/clothing/place of Salaah

## ④ Appropriately Dressed

- ④ At minimum, the Awrah should be covered at all times. The Awrah for men is from the navel to below the knee and for females the entire body excluding, face, hands and feet.

## ④ Face Qiblah

- ④ Effort should be made to determine Qiblah direction

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8

# Conditions of Salaah 2 of 2

## ④ Face Qiblah

- ④ Effort should be made to determine Qiblah direction
- ④ If after trying to determine the Qiblah one prays then realizes that they erred, Salaah will be valid. This isn't the case if no effort was made
- ④ If correct direction is shown to us during Salaah we should turn

## ④ Intention

- ④ Not necessarily verbal. One must know which Salaah is being read.

## ④ Correct Salaah Time

- ④ Salaah must be performed at its prescribed time
- ④ Missed Salaah must be performed as Qadhaa'

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9

# Salaah Times 1 of 3

## ④ Fajr

- ④ Starts - When a horizontal white light appears on the horizon (true dawn)
- ④ Ends - At Sunrise

## ④ Zuhr

- ④ Starts - After midday
- ④ Ends - When the shadow of an item reaches double its length (excluding the shadow at midday)

## ④ Asr

- ④ Starts - When Zuhr time ends
- ④ Ends - Sunset (it is disliked to delay Asr until just before sunset)

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10

## Salaah Times 2 of 3

### ④ Maghrib

- ④ Starts - After sunset
- ④ Ends - When the whiteness (twilight) disappears from the sky (Approx 90 minutes from sunset)

### ④ Esha

- ④ Starts - When Maghrib time ends
- ④ Ends - At true dawn i.e. when Fajr time commences

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11

## Salaah Times 3 of 3

### ④ The 3 Prohibited Times

- ④ Salaah may not be performed at the following times:
  - ④ Sunrise - from the time the sun begins rising until 12-15 minutes thereafter
  - ④ Midday - when the sun reaches its zenith (+-5 minutes)
  - ④ Sunset - when the sun disappears in the horizon

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12

# Practical Salaah

- ④ **Raising the hands saying “Allahu Akbar”**
  - ④ **Males – Lift hands up until tip of thumb is in line with the earlobe**
  - ④ **Females – Lift hands up and fingertips are in line with shoulders**
  - ④ **For both males and females, fingers should be straight and palms facing Qiblah**
  - ④ **Saying the Takbeer “Allahu Akbar” verbally is a Fardh**

*Say “Allahu Akbar” verbally whilst hands are up  
and lower hands thereafter*

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13

# Practical Salaah

- ④ **Tying the Hands**
  - ④ **Males – Place the right palm over the back of the left hand, both being below the navel. Hold the wrist of the left hand with the thumb and little finger of the right hand.**
  - ④ **Females – Place the right palm over the left hand, both being on the chest. Fingers should be closed.**

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14

# Practical Salaah

## ④ Standing Position (Qiyaam)

- ④ Males to stand with feet approximately 4 fingers apart
- ④ Females to stand with feet close together

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15

# Practical Salaah

## ④ Standing Position (Qiyaam)

- ④ It is Fardh (obligatory) to stand in this position
- ④ One may sit if unable to stand due to illness / if one is unable to make Sajdah as normal
- ④ In non-obligatory Salaah, one may sit without a valid excuse. However, this diminishes the reward of the Salaah
- ④ The gaze should be at the place of Sajdah whilst standing
- ④ Thanaa, Ta'awwudh and Tasmiyah should be recited and followed by Qira'ah (recitation of Qur'aan)

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16



# Practical Salaah

## ④ Standing Position (Qiyaam)

④ **Thanaa** - سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، تَبَارَكَ اسْمُكَ، وَتَعَالَى جَدُّكَ، وَلَا إِلَهَ إِلَّا عَزَبُكَ

④ **Ta'awwudh** - أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

④ **Tasmiyah** - بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

### ④ Qira'ah

④ Recite Surah al-Faatihah. At the end, say Aameen inaudibly

④ Recite 3 short verses or 1 long verse of another

Surah in the first two rakaats of a Fardh Salaah and  
in all rakaats of non-Fardh Salaah

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17

# Practical Salaah

## ④ Bowing Position (Rukoo')

④ Say Allahu Akbar when going into Rukoo'

④ **Males** - back should be straight, forming a perpendicular line with the legs. Head should be in line with back. Hands should grasp the knees whilst arms should be straightened.

④ **Females** - bend back slightly allowing the fingers to touch the knees

④ Recite at least 3 times whilst in Rukoo'

سُبْحَانَ رَبِّيَ الْعَظِيمِ

④ When in Rukoo', one's gaze should be towards the feet

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18

# Practical Salaah

## ④ Intermediate Standing Position (Qawmah)

- ④ Say when standing up straight after Rukoo'

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

- ④ This can be followed by reciting:

رَبَّنَا لَكَ الْحَمْدُ

- ④ The body must come to a standstill in Qawmah before going into Sajdah

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19

# Practical Salaah

## ④ Prostrating Position (Sajdah)

- ④ Say Allahu Akbar when going into Sajdah
- ④ The back must be kept straight up as the legs fold to lower the body (the moving of the body should not resemble a Rukoo')
- ④ Hands should be placed on the knees as the body nears the ground.
- ④ Hands should then be placed on the ground, followed by forehead then the nose.

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20

# Practical Salaah

## ④ Prostrating Position (Sajdah)

### ④ Males

- ④ Place hands on either side of the head with tips of thumb in line with earlobes
- ④ Keep fingers close together pointing towards Qiblah
- ④ Keep forearms off the ground, away from the body
- ④ Belly should not rest on the thighs
- ④ Feet to be kept upright with toes bent to point towards Qiblah

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21

# Practical Salaah

## ④ Prostrating Position (Sajdah)

### ④ Females

- ④ Place hands on either side of the head with tips of thumb in line with earlobes
- ④ Keep fingers close together pointing towards Qiblah
- ④ Keep forearms on the ground, close to the body
- ④ Belly should be touching the thighs
- ④ Right thigh should rest on left thigh with feet pointing outward towards the right

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22

# Practical Salaah

## ④ Prostrating Position (Sajdah)

- ④ The following should be recited in Sajdah at least thrice

سُبْحَانَ رَبِّيَ الْأَعْلَى

- ④ When in Sajdah, one's gaze should be towards the nose.

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23

# Practical Salaah

## ④ Intermediate Sitting Position (Jalsah)

- ④ The Jalsah is the short sitting between 2 Sajdahs
- ④ Say Allahu Akbar when sitting up from Sajdah
- ④ The following is to be recited whilst in Jalsah position

اللَّهُمَّ اغْفِرْ لِي وَعَافِنِي وَاهْدِنِي وَأَرْزُقْنِي

- ④ Males – sit on the left foot which should be placed flat on the ground, keeping the right foot upright with the toes bent on the ground, facing towards Qiblah
- ④ Males – place hands on the thighs – closer to the knee  
Fingers should be in a natural position facing Qiblah

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24

# Practical Salaah

## ④ Intermediate Sitting Position (Jalsah)

- ④ Females – Sit on the left posterior (buttock) with both feet protruding towards the right, placing the right thigh on the left thigh and right shin on the left shin
- ④ Females – Place hands on the thighs. Fingers should be in a natural position facing Qiblah and arms should be against the body
- ④ When in Jalsah, one's gaze should be towards the thighs

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25

# Practical Salaah

## ④ Sitting Position (Qa'dah)

- ④ Qa'dah is the sitting positions at the end of the second, and last units of prayer (rakaat)
- ④ The manner of sitting in Qa'dah is the same as Jalsah
- ④ In the first Qa'dah, one should recite التحيات whilst in the last Qa'dah, this should be followed with Durood/Salawaat and a Du'a
- ④ When reciting أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ in Tashahhud, the index finger should be raised. It should be lowered and placed on the thumb when reciting إِلَّا اللَّهُ and kept that way until Salaam/Qiyaam.

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26

# Practical Salaah

## ④ Sitting Position (Qa'dah)

### ④ The following is the wording of Tashahhud

التَّحِيَّاتُ لِلَّهِ، وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا  
وعلى عبادِ اللَّهِ الصَّالِحِينَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

*All the best compliments and the prayers and the good things are for Allah. Peace and Allah's Mercy and Blessings be on you, O Prophet! Peace be on us and on the pious slaves of Allah, I testify that none has the right to be worshipped but Allah, and I also testify that Muhammad is Allah's slave and His Apostle*

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27

# Practical Salaah

## ④ Sitting Position (Qa'dah)

### ④ The following Salawaat must be recited after Tashahhud in the last Rakaat

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ، وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ،  
اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ، كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ، وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

*O Allah, bestow Your favor on Muhammad and on the family of Muhammad as You have bestowed Your favor on Ibrahim and on the family of Ibrahim, You are Praiseworthy, Most Glorious. O Allah, bless Muhammad and the family of Muhammad as You have blessed Ibrahim and the family of Ibrahim, You are Praiseworthy, Most Glorious.*

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28

# Practical Salaah

## ④ Sitting Position (Qa'dah)

- ④ The following must be recited after Salawaat in the last Rakaat

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ،  
فَاغْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ وَارْحَمْنِي، إِنَّكَ أَنْتَ الْعَفُورُ الرَّحِيمُ

*O Allah, I have greatly wronged myself, and no one forgives sins but You.*

*So, grant me forgiveness and have mercy on me. Surely, you are Forgiving, Merciful.*

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29

# Practical Salaah

## ④ Salaam (Terminating the Salaah)

- ④ Recite Salaam as one turns their head towards the right, commencing recital whilst the face is towards the Qiblah and ending when facing the right shoulder. Then face Qiblah once more
- ④ Do the same for the left side

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

*May the Peace and Blessings of Allah be Upon you all.*

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30

# Fardh Acts in Salaah

- ④ **The following are the Fardh acts, which if left out, renders the Salaah invalid:**
  - ④ **To verbally recite the opening Takbeer**
  - ④ **To recite the Qur'aan**
  - ④ **Rukoo'**
  - ④ **Sajdah**
  - ④ **The last Qa'dah**
  - ④ **If a Fardh act is delayed, Sajdah Sahw becomes necessary to validate the Salaah**

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31

# Waajib Acts in Salaah

- ④ **The following are the Waajib acts, which if left out, must be compensated with Sajdah Sahw to validate the Salaah:**
  - ④ **Reciting Surah al-Faatihah**
  - ④ **Reciting at least 3 short verses or 1 long verse in the first 2 rakaats of Fardh Salaah and in all the rakaats of Waajib, Sunnah and Nafl Salaah**
  - ④ **Maintaining sequence of the postures**
  - ④ **To perform all postures calmly (not in haste) with tranquillity**

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32



# Waaajib Acts in Salaah

- ④ **Qawmah – standing after Rukoo'**
- ④ **Jalsah – sitting between the Sajdahs**
- ④ **Reciting Tashahhud**
- ④ **Sitting for the duration of Tashahhud in the first Qa'dah of a 4 rakaat Salaah**
- ④ **To terminate the Salaah with Salaam**
- ④ **Sajdah Tilaawah**
- ④ **Sajdah Sahw**
- ④ **Qunoot in Witr**
- ④ **Extra Takbeers in the 2 Eid Salaahs**

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33

# Waaajib Acts in Salaah

- ④ **The Imaam to Recite Aloud in all the Rakaats of the Fardh of Fajr, the first two Rakaats of the Fardh of Maghrib and Esha, and all the Rakaats of Jumuah, Eid and Taraweeh Salaahs including the Witr Salaah during Ramadaan.**
- ④ **To Recite Softly in all the Rakaats of Zuhr and Asr, the last Rakaat of Maghrib and the last two Rakaats of Esha Salaahs.**

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34

# Disliked Acts in Salaah

- ④ To read in such haste that the body is not still in the postures of Salaah
- ④ Turning the head whilst in Salaah
- ④ Not covering the mouth when yawning
- ④ Closing the eyes for no reason
- ④ Wearing a garment/using a carpet/praying in a room with pictures of animate objects
- ④ To wear clothes which one will not wear in public
- ④ Praying Salaah with the urge to relieve one's self
- ④ Praying Salaah inattentively

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35

# Salaah in Congregation

- ④ Salaah in congregation is Waajib for males
- ④ It is 27 times more rewarding than Salaah prayed individually
- ④ The following should be observed:
  - ④ Rows should be straight with no spaces in between
  - ④ The Imaam and follower should intend praying in congregation
  - ④ The Imaam and follower should intend praying the same Salaah (e.g. Zuhr)

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36

# Salaah in Congregation

- ④ The follower should always be in the same posture as the Imaam – following him closely and not preceding him.
- ④ The follower should listen attentively to the recital of the Imaam
- ④ The follower should stand behind the Imaam. If just one follower, his toes should be in line with the heels of the Imaam
- ④ The follower should be in the same location as the Imaam (virtual following is not permitted)

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37

# The Latecomer

- ④ Latecomer is one who misses 1 or more rakaats
- ④ The latecomer in congregational Salaah should not rush
- ④ Join the row and commence with Takbeer as normal
- ④ Remain standing for a moment then go into the same posture as Imaam
- ④ Stand up as soon as Imaam commences the second Salaam
- ④ Complete the missed rakaats
  - ④ Qira'ah should be recited as per normal sequence
  - ④ The Qa'dah will be in accordance with the rakaat the latecomer is in

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38

## Sajdah Sahw – Prostration of Forgetfulness

- ④ Necessary if one leaves out a Waajib or delays a Fardh
- ④ Sajdah Sahw should be performed as follows:
  - ④ After Tashahhud, make Salaam to the right side only
  - ④ Make two Sajdahs with Jalsah in between as per normal
  - ④ Sit in Qa'dah, reciting Tashahhud, Salawaat and Du'a as normal
  - ④ Conclude with Salaam as normal
  - ④ Note: One Sajdah Sahw suffices for multiple errors

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39

## The 5 Salaahs

Salaah	Sunnah	Fardh	Sunnah	Nafil	Waajib	Nafil
Fajr	2 (Emphasized)	2				
Zuhr	4 (Emphasized)	4	2 (Emphasized)	2		
Jumuah	4 (Emphasized)	2	4 + 2 (Emphasized)	2		
Asr	4	4				
Maghrib		3	2 (Emphasized)	2		
Esha	4	4	2 (Emphasized)	2	3	2

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40

## Witr

- ④ The 3 Rakaats of Witr after Esha Salaah are Waajib
- ④ They cannot be performed before Fardh of Esha
- ④ In the third rakaat, after reciting Surah al-Faatihah and a Surah, raise your hands reciting Allahu Akbar then fold hands and recite the Qunoot

اللَّهُمَّ إِنَّا نَسْتَعِينُكَ، وَنَسْتَغْفِرُكَ، وَنُؤْمِنُ بِكَ وَنَتَوَكَّلُ عَلَيْكَ وَنُثْنِي عَلَيْكَ الْحَيْرَ، وَنَشْكُرُكَ وَلَا نَكْفُرُكَ، وَنَخْلَعُ وَنَتْرُكُ مَنْ يَفْجُرُكَ، اللَّهُمَّ إِنَّاكَ نَعْبُدُ، وَلَكَ نُصَلِّي وَنُسَجِّدُ، وَإِلَيْكَ نَسْعَى وَنَخْشَدُ، تَرْجُو رَحْمَتَكَ، وَنَخْشَى عَذَابَكَ، إِنَّ عَذَابَكَ بِالْكَفَّارِ مُلْحِقٌ

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41

## Jumu'ah Salaah

- ④ It is compulsory for males to attend Jumuah Salaah in congregation on a Friday
- ④ The minimum number of males in a congregation is 3
- ④ The Jumuah Salaah is preceded by two Arabic khutbahs (sermons)
- ④ 2 Rakaats of Jumuah Salaah are prayed in place of the 4 Fardh of Zuhr
- ④ In the absence of a congregation, one should pray Zuhr Salaah

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42

## Additional Salaah

Salaah	Time	No. of Rakaats
Tahajjud/Qiyaamul Layl	After Esha – Before Fajr	2 – 8
Taraweeh	After Esha in Ramadaan	20
Ishraq	After sunrise	2 / 4
Duha	Mid morning	4 / 12
Tahiyatul Masjid/Wudhu	When entering Masjid/After Wudhu	2
Tawbah	After committing a sin	2
Istikharah	When seeking Divine guidance	2
Shukr	When expressing gratitude to Allah	2
Haajah	When seeking Allah's assistance	2

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43

## Salaah of a Traveller

- ④ If one intends traveling a distance of 77.8km or more, one will be considered a Musaafir/traveler as soon as one exits the boundaries of his town/locality
- ④ If one decides to remain at a particular place for 15 days or more, then one will no longer be a Musaafir as long as they remain there
- ④ All 4 Rakaat Fardh Salaahs are reduced to 2
- ④ One may omit the Sunnah/Nafl Salaahs during the journey but should resume once settled at the destination

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44

# Questions

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